

## **Goals of ALPs**

- ·Allow athletes self-determination of how and in what role they will participate in Special Olympics.
- •Provide athletes with the training and certification to properly prepare them for success.
- ·Include athletes in positions of influence and leadership in the organization to help determine policy and direction.
- •Provide training and education for existing leadership as we welcome athletes in their new roles.
- •Recognize the athletes' abilities by holding them accountable to all Special Olympics policies, rules and standards.

## **Benefits**

Enhanced self-confidence and social competency Greater readiness for employment Better preparation for independent living Increased ability to make personal decisions Improved friendships and family relationships



Support. Volunteer. Compete.

For more information, visit  ${\bf Special Olympics Wisconsin.org}$ 

## **Training Opportunities**

<u>Introduction to ALPs</u>: Overview for athletes, volunteers, families and sponsors to understand the ALPs movement.

Global Messenger (beginner, graduate & refresher): Foundation in public speaking to benefit all leadership roles, including giving presentations.

This challenges all of our athletes, coaches, staff, volunteers, sponsors, and families to assure that meaningful opportunities for growth are provided to interested, trained and qualified athletes.

Governance: Preparation for serving on local or state committees/boards and for leading athlete input councils where athletes work together to improve the organization.

<u>Athletes-as-Coaches (AAC)</u>: Development of sports knowledge and hands-on coaching skills and techniques.

Athletes as Fundraisers: Education about fundraising terms & events to prepare athletes to assist with sponsorship meetings or simply to take the plunge, sell t-shirts or raise money in other ways.